

# biō.

## hydrate

elevate your hydration

### WHAT IS IT?

Activities we do every day can deplete our body's supply of water. Drinking beverages with alcohol, sugar, or caffeine, and even daily exercise take a toll on your level of hydration. Even mild dehydration can cause fatigue, decreased cognitive function, and put you at greater risk for headaches and migraines.

### WHAT DOES IT DO?

Hydrate makes it easy and tasty to keep yourself hydrated! Potassium salt replenishes your body's water stores, and antioxidants CoQ10 and Resveratrol help fight oxidative stress all over the body.

#### KEY INGREDIENTS

#### FUNCTION

coQ10

A natural coenzyme synthesized in the body. Some research shows that Coenzyme Q10 can assist the body in handling fatigue and support the body's fight with cellular oxidative stress.

resveratrol

A phenol found in blueberries and grapes. Resveratrol may be able to help maintain healthy blood pressure levels and support the body's protection of brain cells from age-related decline.

great salt lake minerals

Replenish your body the natural way, with nutrients from the biggest saltwater lake on the continent! This blend of over 75 different minerals includes magnesium, potassium, iron, and calcium.

vitamin C

An essential vitamin and antioxidant. A well-studied nutrient, evidence shows that Vitamin C has the ability to support white blood cell function and improve your body's absorption of iron.

rapidCT

The exclusive BioReigns biotechnology that protects and delivers each nutrient quickly, efficiently, and directly to your cells through water absorption.

### LEARN MORE

To learn more, scan the QR code on this page or visit [bioreigns.com](http://bioreigns.com).

This product is not for use by or sale to persons under the age of 18. A Doctor's advice should be sought before using this and any supplemental dietary product.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

FULL SIZE BAG  
6.9 OZ: \$59.99  
QV/CV: 30/27

Nutrition Facts	
30 servings per package	
Serving size 1 Scoop (6.5g)	
Amount per serving	
<b>Calories</b>	<b>5</b>
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 520mg	24%
Total Carbohydrate 1g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Includes 0g Added Sugars	0%
Protein 0g	0%
Vitamin C	110%
Niacin	110%
Vitamin B5	110%
Vitamin B6	110%
Vitamin B12	110%
Phosphorus	4%
Potassium 680mg	14%
Magnesium 184mg	44%
Chloride 1840mg	80%
RapidCT Proprietary Blend 20mg †	
CoQ10, Resveratrol	
*Percent Daily Values are based on a diet of other people's health and happiness.	
†This Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



### FULL LIST OF INGREDIENTS

rapidCT Proprietary Complex (CoQ10, Resveratrol), Potassium Chloride, Concentrated sea water from the Great Salt Lake (spray dried), Vitamin C (ascorbic acid), B3 (niacinamide), Vitamin B5 (d-calcium pantothenate), Vitamin B6 (pyridoxine hydrochloride), Vitamin B12 (cyanocobalamin), Citric Acid, Monk Fruit, Beetroot Powder, Flavoring

### FLAVOR

Raspberry Lemonade

### RECOMMENDED USE

Add one scoop to 16 - 20 ounces of water and mix. Use as needed to support proper hydration. Safe to drink multiple times per day.

\*Store bag in cool, dry place.



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